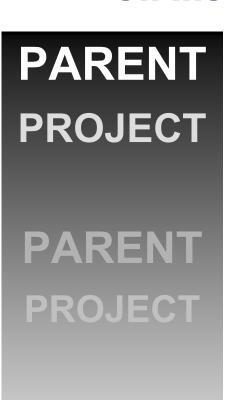# Parent Project
Online Classes 2024

EMPOWERING PARENTS.
TRANSFORMING TEENS.

Parent Project® Senior

The Parent Project Senior is a 10-week program offered one day per week in the evenings. It is a nationally recognized program, which offers classes throughout Santa Clara County. This program is for parents that have children over the age of 10.

Parents learn and practice specific prevention and intervention strategies for destructive behaviors.

- Learn to never argue with your child
- Improve school attendance and performance
- Prevent alcohol and drug use
- Developing healthy relationships
- Get your teens back on track.

Parent Project® Junior

Parent Project Junior is a 10-week program offered one day per week in the evenings. This program is for parents that have children under the age of 10.

The "Steps of Success" (S.O.S) home practice assignments can create a solid foundation for change in the home. Parents can learn and practice some of the following strategies:

- Learn to encourage positive choices
- Identify negative influences
- Improve sleep, diet, and behavior
- Recognizing and understanding ADD/ADHD
- Reduce family conflict
- Increase self-discipline

Contact

☎ **408.808.3794**

✉ **Gmaturino@dao.sccgov.org**

🖥 **www.ParentProject.com**

2024 Parent Project Current Classes

Location	Dates and Times
Sr. DA December 2023 **Online** *Language: Spanish*	**Monday** **December 11, 2023 – March 18, 2024** **6:00pm - 8:00pm**
Jr. DA December 2023 **Online** *Language: English*	**Wednesday** **December 13, 2023 – February 28, 2024** **6:00pm - 8:00pm**
Sr. January 2024 - Sunrise **In Person** *Language: Spanish*	**Saturday** **January 27, 2024 – March 30, 2024** **10:00am - 12:00pm**
Sr. January 2024 - Sunrise **In Person** *Language: English*	**Monday** **January 29, 2024 – April 15, 2024** **6:00pm - 8:00pm**
Sr. DA January 2024 **Online** *Language: English*	**Tuesday** **January 30, 2024 – April 2, 2024** **6:00pm - 8:00pm**
Sr. DA February 2024 **Online** *Language: English*	**Thursday** **February 22, 2024 – April 25, 2024** **6:00pm - 8:00pm**

2024 Parent Project Upcoming Classes

Sr. DA March 2024 **Online** *Language: Spanish*	**Tuesday** **March 19, 2024 – May 21, 2024** **6:00pm - 8:00pm**
Sr. DA March 2024 **Online** *Language: English*	**Wednesday** **March 20, 2024 – May 22, 2024** **6:00 pm – 8:00 pm**
Jr. DA March 2024 **Online** *Language: English*	**Thursday** **March 21, 2024 - May 23, 2024** **6:00pm - 8:00pm**
Sr. DA April 2024 **Online** *Language: Spanish*	**Wednesday** **April 24, 2024 – June 26, 2024** **6:00pm - 8:00pm**

408.808.3794 | ParentProject@dao.sccgov.org

Sr. DA April 2024 Online *Language: English*	**Tuesday** **April 30, 2024 – July 2, 2024** **6:00pm - 8:00pm**
Sr. DA May 2024 Online *Language: Spanish*	**Thursday** **May 9, 2024 – July 11, 2024** **6:00pm - 8:00pm**
Sr. DA May 2024 Online *Language: English*	**Thursday** **May 16, 2024 – July 18, 2024** **6:00pm - 8:00pm**
Sr. DA June 2024 Online *Language: Spanish*	**Monday** **June 3, 2024 – August 3, 2024** **6:00pm - 8:00pm**
Sr. DA June 2024 Online *Language: English*	**Wednesday** **June 12, 2024 – August 14, 2024** **6:00pm - 8:00pm**