FAMILY ACCEPTANCE PROJECT TRAINING: HELPING FAMILIES TO PROMOTE WELL-BEING AND REDUCE HEALTH RISKS FOR LGBTQ+ CHILDREN & YOUTH A General Introduction to Family Acceptance Project® Family Support Services

# A One-day Training

AUDIENCE: County of Santa Clara's Behavioral Health Services and Contract Provider Staff

## **Dates:**

Wednesday, March 20, 2024 Location: Online via ZOOM

## Tuesday, April 23, 2024

Location: In-person in San Jose

#### Wednesday, May 29, 2024 Location: Online via ZOOM

9:00 am - 4:30 pm

#### 700M access opens at 8:45

ZOOM access opens at 8:45 am. Full visual (webcam) and audio participation is required.

**Our trainings are FREE!** 

## **Register:**

- sccLearn.sccgov.org For those seeking CEs and those with an sccLearn account.
- tinyurl.com/FAPTraining For all other providers.

Registration and cancellation close at 9am two business days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.

**County of Santa Clara's Behavioral Health Services** Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/ or LEPs. CSCBHSD maintains responsibility for this program/ course and its content. This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency Provider #131775. CSCBHSD is approved by California **Consortium of Addiction Programs and Professionals** - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 6 CEHs. Lunch and regular breaks during the training do not count toward continuing education credits. CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccqov.org or (408) 792-3900.

# **GOAL & LEARNING OBJECTIVES:**

Increase the knowledge of providers, educators and others to help diverse families to decrease family rejection and health risks and to increase family acceptance and well-being of LGBTQ children and youth.

#### After the completion of this training, participants will be able to:

- List 3 family behaviors that are related to increased health risks for LGBTQ adolescents, including suicidality, substance abuse, depression and HIV, and 3 family behaviors that protect against risk and promote well-being.
- Identify 2 Family Acceptance Project<sup>®</sup> strategies to engage families and to help decrease risk and promote well-being for their LGBTQ children.
- Identify 2 Family Acceptance Project<sup>®</sup> resources to help diverse families to decrease family rejection and health risks and to increase family acceptance and well-being for LGBTQ children and youth.

## --- 6 CEs are Available! ---

**Dr. Caitlin Ryan** is a clinical social worker & researcher who has worked on LGBTQ health & mental health for more than 40 years, with a focus on children, youth and families. Dr. Ryan and her team at the Family Acceptance Project® conducted the first research and developed the first evidence-based family support model to reduce risk and promote well-being for LGBTQ children and youth - in the context of their families, cultures and faith communities. Her work has established the field of family intervention and acceptance for LGBTQ children & youth and is being implemented across systems of care.



The Family Acceptance Project's research shows that family rejection contributes to serious health risks for LGBTQ youth, including suicidal behavior, depression, illegal drug use, sexual health risks and HIV, while family acceptance helps protect against risk and promote well-being.

This trauma-informed training will provide an overview of key evidence-based approaches and strategies to increase family support for culturally diverse LGBTQ children and youth, and an opportunity to increase skills for working with their families.



