

BHSD Learning Partnership Presents:

Age-Related Cognitive Changes and Dementia: Overview and Treatment Implications



Erin Woodhead, Ph.D.

Dr. Woodhead is Professor of Psychology at SJSU. She is a licensed psychologist and holds a Ph.D. in Clinical Psychology from West Virginia University. She has been at SJSU since 2012. Prior to that, Dr. Woodhead completed clinical and research postdoctoral training in geropsychology and geriatrics at Rush University Medical Center in Chicago and at the VA Palo Alto Health Care System. Dr. Woodhead's research interests are in the areas of substance use and treatment utilization in adulthood, particularly among older adults, and mental health in midlife and older adulthood.



DESCRIPTION:

Many older adults experience age-related cognitive changes in the domains of short-term memory, attention, sensation and perception, and language, among others. Clinicians and clients can often mistake these age-related changes for dementia. Additionally, clinicians may be unaware of how to modify treatment for older adults with dementia. This training will review common age-related cognitive changes, different types of dementia, and how to distinguish between the two. Treatment modifications for psychotherapy with older adults with dementia will be discussed, as well as evidence-based treatments for older adults at various stages of dementia. Caregiver support interventions will also be reviewed.

MEASURABLE LEARNING OBJECTIVES:

- Explain three age-related cognitive changes that older adults experience.
- Identify two ways in which age-related cognitive changes are different than dementia.
- Identify the different types of dementia.
- Describe one treatment modification that can be used for an older adult with early dementia.
- Apply one evidence-based treatment to a case scenario of an older adult with dementia.

Target Audience:

County of Santa Clara's Behavioral Health Services and Contract Provider Staff

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the California Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. CSCBHSD also is approved by California Consortium of Addiction Programs and Professionals—Educational Institute (CCAPP- EI), Provider Number 4S-95-305-0425 for 3 CEHs. Lunch and scheduled breaks during the training do not count toward CEU credits.

Our trainings are Free!!

Register at: <http://scclearn.sccgov.org>

- Registration & cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.
- CE Certificates will be available to download in sccLearn 2-3 weeks after training date.
- If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org.

May 17, 2024

9:30 am - 12:45 pm

This is an in-person training located at:
Learning Partnership
1075 E. Santa Clara Street, 2nd floor
San Jose, CA 95116