

Our Trainings  
are Free!

DATE: JUNE 7TH, 2024

TIME: 9:00AM-12:15PM

LOCATION: ZOOM

Login details to be provided.  
Full visual (webcam) and  
audio participation required.

## Educational Goals

Internal Family Systems (IFS) is a therapy approach that allows for and recognizes multiplicity of experience. It is a model that offers potential for healing with people whose experiences do not align with dominant culture expectations, including trans, nonbinary, and queer communities. The presenter will discuss the application of IFS with respect to gender identity, trans experience, and living in a ciscentric world, as well as navigating being trans and/or nonbinary providers in the IFS community. The presenter will highlight the ways in which "all genders welcome" and "all parts welcome" must apply across the intersections of race, class, age, and other cultural identity markers. Participants will be led in experiential exercises to help attune to their own parts that have been affected by gender socialization, the gender binary, transphobia, and ciscentrism. For a brief overview of IFS, please watch this video:

<https://youtu.be/6X45Y74blSg>.

If you have questions, need accommodations, or have a grievance, please contact:  
[LPTTraining@hhs.sccgov.org](mailto:LPTTraining@hhs.sccgov.org)

CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.



COUNTY OF SANTA CLARA  
Behavioral Health Services



# ALL GENDERS WELCOME: INTRO TO INTERNAL FAMILY SYSTEMS WITH TRANS AND/OR NONBINARY COMMUNITIES

## Learning Objectives

1. Describe 2 ways in which the IFS framework allows for greater inclusion of diverse genders and sexualities, including trans and queer experience and related experiences of marginalization or othering.
2. Name the 3 types of parts and how they function within a person's internal system.
3. Identify 2 common errors that are made in IFS practice and that can negatively impact trans and/or nonbinary clients.
4. Name 3 essential skills of trans-affirming IFS.

## 3 CEs are available!

(One 15 minute break not included in CE time)

**Audience: County of Santa Clara's Behavioral Health Services and Contract Provider staff**

Register online at either:

- [sccgov.org/sccllearn-partner](https://sccgov.org/sccllearn-partner)  
those with an sccLearn account (required for CEs)
- [tinyurl.com/TQCTrainings](https://tinyurl.com/TQCTrainings)  
all other providers

## Trainer



**Sand Chang, PhD** (they/them/their; tongva land) is a Chinese American nonbinary psychologist and DEI consultant who works at the intersection of trans health, eating disorders, trauma recovery, and body liberation. They are a Certified IFS therapist, IFS Institute Assistant Trainer, Somatic Experiencing Practitioner, and EMDR therapist.

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 3 CEHs. Lunch and scheduled breaks during the training do not count toward continuing education credits.