



## CARE CONSIDERATIONS FOR TRANS AND INTERSEX COMMUNITIES WITH EATING **DISORDERS**

May 22nd, 2024 1:00 PM - 4:15 PM 3 CEs Available!

(One 15 minute break not included in CE time) Our Trainings are Free!

On Zoom Register online at either: sccgov.org/scclearn-partner those with an sccLearn accunt (required for CEs)

> tinyurl.com/TQCTrainings all other providers

Audience: County of Santa Clara's Behavioral Health Services and Contract Provider staff

> Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training

CE Certificates will be available to download in sccLearn 2-3 weeks after the training date. If you have questions, need accommodations, or have a grievance, please contact <u>LPTraining@hhs.sccgov.org</u>

## **EDUCATIONAL GOALS**

This training will contextualize eating disorders within the lives, experiences, and overall health needs of transgender, nonbinary, and intersex communities. The training will go beyond the introductory level and is most suitable for those who already have a basic understanding of sex and gender diversity and transgender identities. In addition to reviewing the importance of affirming language and terminology, the training will provide a framework for understanding eating disorders in transgender, nonbinary, and intersex populations as an intersectional social justice issue.

## **LEARNING OBJECTIVES**

Participants will be able to:

- Understand at least 4 systemic factors that influence, complicate, and increase the development of eating disorders in transgender, nonbinary, and intersex people.
- Learn the 3 categories of transitions transgender and nonbinary people may go through.Name the 3 types of gender euphoria.
- Identify at least 4 considerations for treating and diagnosing trans, nonbinary, and intersex individuals who are experiencing both body dysmorphia and gender dysphoria.

## Trainers



Sam Sharpe (they/them) is a trans and intersex peer support advocate with InterConnect and FEDUP Collective and a university instructor in Biology and Gender, Women, & Sexuality studies. They are a PhD candidate in biology and was a 2023-2024 ORISE fellow with the Department of Health and Human Services working on transgender and intersex health equity issues.



Bee Norris (They/Them or Ey/Em/Eir) is a neurodivergent, genderqueer creature based out of the Pacific Northwest, USA. They have a Masters in Mental Health Counseling and eating disorder certification from Lewis and Clark College. They have been part of FEDUP's training team for 3 years.