# SAVE THE DATE

### **DESCRIPTION**

This training in a highly interactive course that meets for one 8-hour session. Participants in this course will be facilitated through presentation, group discussions and take away assignments explore the ethics and boundaries of healthy relationship as they are interrelated to the values and practices of professionalism, wellness and supportive relationships. In this workshop we ask that participants who attend be ready to share with others both in large groups and small groups. What supports this course to be effective is that we all share and learn from others.

#### (Note: CE Credits are NOT Available)

#### LEARNING OBJECTIVES

- List at least 3 ways to maintain professional boundaries
- Name at least 3 ways to maintain personal boundaries
- Identify at least 4 actions that mentors take to support the creation of healthy boundaries

### **INSTRUCTORS**

**BeaJae North** works as a consultant to build bridges across uncommon grounds such as those from businesses to com-munity, individuals to com-munity resources, and agencies to consumers. She has been able to assist various com-munity agencies to service better those they work with by helping people to hear and speak to one anther in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals' self-knowledge.

**Ellen Jackson** has been working in the wellness field for over 25 years, initially as a Substance Abuse Counsellor then a Licensed Marriage and Family Therapist for Tehama County Behavioural Health for over 17 years. For the past 11 years, after retiring, Ellen has continued to be a part of the wellness community by supporting the Copeland Center for Wellness & Recovery and Conscious Educators with co-facilitating workshops on wellness based topics throughout the state of California. Ellen enjoys being in a space where people have an opportunity for self discovery and growth while navigating through the different topics to build whole health and wellbeing.



COUNTY OF SANTA CLARA Behavioral Health Services

Supporting Wellness and Recovery

## **Ethics and Boundaries**

May 8, 2024 9:30 am - 5:00pm Sign-in begins at 9:15 am

Training held in-person at: The Learning Partnership 1075 E. Santa Clara Street San Jose, CA 95116 (2nd Floor)

Training is FREE and all are welcome!

Register at: scclearn.sccgov.org

Registration closes at 9am two working days prior to training date.

If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org