

SAVE THE DATE

Facilitating Inclusive Support Groups

May 10, 2024

9:30 am - 5:00pm

Sign-in begins at 9:15 am

**Training held in-person at:
The Learning Partnership
1075 E. Santa Clara Street
San Jose, CA 95116
(2nd Floor)**

DESCRIPTION

This training is a highly interactive course that meets for one 8-hour session. Participants in this course will be facilitated through presentation, group discussions and take away assignments to explore core values and practices to creating and facilitating inclusive support group. We will identify key facilitation action plans and language to creating an inclusive, and supportive group environment whereby the co-occurring challenges of the group members are integrated into the support. In this workshop we ask that participants who attend be ready to share with others both in large groups and small groups. What supports this course to be effective is that we all share and learn from others.

(Note: CE Credits are NOT Available)

LEARNING OBJECTIVES

- Name at least 3 best practices for facilitating inclusive support groups.
- List at least 3 topics that captivate the attention of group members and encourage a learning environment for everyone
- Identify 3 key facilitation action plans to create an inclusive support group environment whereby the co-occurring challenges of the group members are integrated into the support.

INSTRUCTORS

BeaJae North works as a consultant to build bridges across uncommon grounds such as those from businesses to com-munity, individuals to com-munity resources, and agencies to consumers. She has been able to assist various com-munity agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals' self-knowledge.

Lala Doost is the Western Region Projects Coordinator for the Copeland Center. Lala started her journey in the wellness-oriented workspace over 15 years ago in Oakland, CA, and has since continued working with many non-profit, peer-run, or peer-focused agencies in California, and other states, that are focused on providing support and resources to community members wanting to enhance their wellness. Lala continues to collaborate with agencies to provide workshops that promote the exploration of approaches to staying well in various environments, including at work. Lala enjoys exploring new techniques and ideas in wellness and being able to share them with others.

Training is FREE and all are welcome!

**Register at:
scclearn.sccgov.org**

Registration closes at 9am two working days prior to training date.

If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org



COUNTY OF SANTA CLARA
Behavioral Health Services

Supporting Wellness and Recovery