

Strategies for Becoming Anti-Racist



Dr. Gloria Morrow, the CEO of GM Psychological Services and Director of Behavioral Health for Unicare Community Health Center, is one of the nation's leading clinical psychologists. Dr. Gloria also serves as a Diversity, Equity, and Inclusion Consultant and a Lead Trainer for the CBMCS (California Brief Multicultural Competency Scale) Training Program, which focuses on a training curriculum she helped to develop. Dr. Gloria also facilitates a wide range of trainings relevant to cultural humility and cultural competency. She serves as a consultant for The King Center in Atlanta, Georgia, where Dr. Bernice King serves as the CEO. Dr. Gloria's work surrounding the role of Spirituality in recovery has gained notoriety with the development of a three-day training and handbook entitled S.A.F.E. (Spirituality and Faith Empowers) to equip the faith community and mental health professionals to help hurting people. She is also known for her extensive leadership and team building trainings. Dr. Gloria is a sought-after keynote speaker and workshop facilitator for conferences and retreats, who discusses mental health and life skills topics by Integrating psychology and spiritual principles for women and men. Dr. Gloria has appeared as a frequent guest on CNN and has also appeared on MSNBC, NBC4, and Fox11 news and a variety of radio shows, including Stevie Wonder's KJLH. Dr. Gloria has authored several books, such as "Too Broken to Be Fixed? A Spiritual Guide to Inner Healing," "The Things That Make Men Cry," "Keeping it Real! 7 Steps Towards a Healthier You", to name a few, and she recently wrote and published two eBooks, entitled "Unleash the Secret Weapons to Your Success," and "COVID-19 Maintaining Positive Emotions During Tough Times".

Target Audience:

County of Santa Clara's Behavioral Health Services and Contract Provider staff



COUNTY OF SANTA CLARA
Behavioral Health Services

May 6, 2024

1:00 pm - 5:00pm

Virtual Training
on
ZOOM

Description:

In this training, Dr. Gloria helps participants to examine the negative impact of racism on the mental, physical, social, and spiritual health of people of color throughout the world. She will introduce the profound work of Ibram X. Kendi, the author of "How to be an Antiracist," which will reveal the rationale for becoming an antiracist, the barriers in becoming an antiracist, and the strategies for becoming an antiracist, which includes the role of cultural humility and empathy. Lastly, the benefits of becoming an antiracist will be discussed. Finally, during this workshop, participants will learn that becoming an antiracist is critical in the provision of culturally responsive and humble care.

CLAS Standard:

Principal Standard: 1. Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs

Measurable Learning Objectives:

Upon completion of this training, attendees can be expected to:

- Describe at least three (3) ways that racism negatively affects the mental, physical, social and spiritual health of people of color you serve.
- Identify at least three (3) ways that systemic, structural, and individual racism can prevent people in need of behavioral health services from getting the help they need.
- Identify at least three (3) barriers to becoming an antiracist.
- Identify at least five (5) strategies for becoming an antiracist.
- Describe at least five (5) benefits of becoming an antiracist.

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 3.5 CEHs. Lunch and scheduled breaks during the training do not count toward continuing education credits.

Our Trainings are free! Register at: <http://scclearn.sccgov.org>

***Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.

***CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

*** If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org.

This fulfills your requirement for Cultural Competency training