



## County of Santa Clara

# **Resources to Support the 2SLGBTQIA+ Community**

### **The Q Corner | Behavioral Health Services Department**

Offers peer services to support LGBTQIA+ community members and allies to access resources and referrals, community building activities, support and mentoring, and training opportunities

Phone: (408) 961-4497

Email: [theqcorner@hhs.sccgov.org](mailto:theqcorner@hhs.sccgov.org)

Website: [www.sccbhsd.org/theQcorner](http://www.sccbhsd.org/theQcorner)

### **Gender Health Center | Valley Health Center Downtown**

Offers medical care, referral coordination, mental and emotional health care, and social work support for transgender, gender-non-binary, and gender expansive people

Phone: (408) 977-4550

Website: [www.scvmc.org/genderhealth](http://www.scvmc.org/genderhealth)

### **Office of LGBTQ Affairs | Office of the County Executive**

Supports LGBTQ communities to thrive and Providers to be LGBTQ inclusive through policies, trainings/consultations, coalition building, program development and funding, resource navigation, and more

Phone: (408) 678-2900

Email: [lgbtq@ceo.sccgov.org](mailto:lgbtq@ceo.sccgov.org)

Website: [www.sccgov.org/lgbtq](http://www.sccgov.org/lgbtq)

### **LGBTQ Social Worker | Dept. of Family & Children Services**

Provides support, advocacy, education, and resources related to LGBTQ youth involved in the child welfare system

Phone: (408) 501-6889

Email: [lgbtq@ssa.sccgov.org](mailto:lgbtq@ssa.sccgov.org)





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# Tips for Being 2SLGBTQIA+ Inclusive

### **Identify Yourself as an Advocate**

- Create a welcoming space
  - Post pride flags, signs, and stickers. Wear pronoun pins or stickers, post and offer inclusive resources, etc.
- Be mindful of gendered spaces
  - Provide access to all-gender/gender-neutral spaces whenever possible (including restrooms!)
- Respect confidentiality and privileged information

### **Use Affirming and Expanded Language**

- Ask for and use correct names and pronouns with everyone
  - Make sure to check the chart; is there a “goes by” name?
- Use gender neutral language and pronouns whenever possible
  - “Hey everyone!” or “They are here for their appointment.”
  - Don't assume pronouns based on appearance and/or name
- Respect the diversity of relationships and family configurations

### **Practice Cultural Humility and Educate Yourself**

- Know the terms and concepts, and practice talking about them
  - All of these are distinct: Romantic and/or Sexual Attraction, Romantic and/or Sexual Behavior, Gender Identity, Gender Expression, Sex Characteristics, and Sex Assigned at Birth
  - Identities can evolve, and folks may share more information as rapport builds over time
- Stay up to date on news and events that impact the LGBTQIA+ community
- Continue your own training and education:

[www.sccbhsd.org/lgbtq](http://www.sccbhsd.org/lgbtq)

