



VIRTUAL Quit Smoking Program

- **FREE** one-hour **VIRTUAL** class
- Taught by skilled **Health Educators**
- Offered in **English, Spanish and Vietnamese**

TO ATTEND A CLASS:

Who can Attend:

SCVMC patients and patients from community partners who seek Specialty care at SCVMC



Call Ambulatory Health Education Department:
(408)-885-5436



Ask for a referral from your provider at your local
Valley Health Center (VHC)



Please visit our website for more information:
www.scvmc.org/ahed