



COUNTY OF SANTA CLARA
Behavioral Health Services
Supporting Wellness and Recovery

MEMORANDUM

TO: BHSD County Clinics

FROM: Courtney Gray, Quality Director

DocuSigned by:

Courtney Gray
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RE: Provider Directory Updates - Area of Interest, Treatment Approaches, and Temporary Closures

DATE: October 7, 2024

Summary

As you know, the searchable directory provides flexibility to search by specific parameters, i.e. provider agency level, practitioner level, geographic location, and languages. In addition, the directory is used to make referrals ensuring close geographic proximity of behavioral health treatment providers (including telehealth), appropriate language match for treatment and additional support services/resources.

Effective November 2024, the on-line searchable directory for Mental Health and Substance Use Treatment Services (SUTS) will include areas of interest, treatment approaches and temporary closures.

Areas of Interest

This is a focus or curiosity in a particular subject area. Areas of interest in a career development context can involve a focus on things that apply to the work a professional performs routinely. I.e. Eating Disorders, Relaxation Skills, Stress Management (or Reduction), Suicide Prevention. Please refer to Attachment A for the full list.

Treatment Approaches

A treatment approach is a strategy or method used to address and manage mental health conditions. It can involve a combination of techniques, such as therapies, interventions, medications, lifestyle changes, and support systems, that are tailored to an individual's needs. I.e. Brief Strategic Family Therapy, Motivational Interviewing, Cognitive Behavioral Therapy, Seeking Safety. Please refer to Attachment A for the full list.

Temporary Closures

Any program and/or site that will be closed for two (2) weeks or more will be displayed in the provider directory.

Data Source



COUNTY OF SANTA CLARA
Behavioral Health Services
Supporting Wellness and Recovery

The area of interest and treatment approaches will be collected as part of the current 274 network adequacy report for the monthly updates to the provider directory. [Behavioral Health Services provider directories | Behavioral Health Services | County of Santa Clara \(santaclaracounty.gov\)](#). These will be drop-down fields in the web application. These fields will be covered in the next 274 office hours which is scheduled for Tuesday October 15th. See below for meeting information.

The temporary closures will be collected from the network change request reporting. The request will be imported directly into our provider directory on a daily cadence to ensure accuracy. Temporary closures will be identified at each agency where applicable.

Office Hours – Tue. 10/15/24 from 12-1pm

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If you have any questions, please contact the BHSD Provider Relations Operations team by email BHSDBusinessOffice@hhs.sccgov.org

ATTACHMENT A

Areas of Interest

- Addiction Counseling
- ADHD/ADD
- Adoption/Foster Care
- Anger Management
- Anxiety
- Attachment
- Autism Spectrum Disorder
- Bipolar Disorder
- Dementia
- Depression
- Depression - Post Partum
- Domestic Violence
- Eating Disorders
- Family Counseling
- Gambling
- Gender Dysphoria
- Gender Identity and Expression Informed Care
- Gender-Affirming Care
- Grief/Loss
- Impulse Control Disorders
- Learning Disabilities
- LGBTIQ
- Marriage and Couple Counseling
- Mood Disorders
- Neuro-Developmental Disorders
- Obsessive Compulsive Disorder
- Personality Disorders
- Phobias
- Post-Traumatic Stress Disorder
- Refugee services (different from immigration)
- Relapse Prevention
- Relaxation Skills
- School Counseling (Bullying, Violence)
- Sexual Dysfunctions
- Sexual Identity OR Sexuality
- Sleep Disorders
- Stress Management (or Reduction)
- Substance-Related Disorders
- Suicide Prevention
- Traumatic Brain Injury

Treatment Approaches

- ASAM, Opioid, Alcohol Dependence
- Assertive Community Treatment
- Bariatric Evaluation (Psychologist Only)

ATTACHMENT A

- Brain Stimulation Therapies
- Brief Strategic Family Therapy
- Cognitive Behavioral Therapy (CBT)
- Child Parent Psychotherapy (CPP)
- Dialectic Behavioral Therapy (DBT)
- Developmental Evaluation (Psychologist only)
- Diagnostic Evaluation/Clarification (Psychologist only)
- Dual-Diagnosis Co-occurring
- EMDR (Certified)
- Gender Dysphoria
- Harm Reduction
- Integrated Behavioral Health (IPSCC-primary care)
- Intellectual Developmentally Disability (IDD)
- Interactive Journaling
- LEAP
- Medication Assisted Treatment (Physician)
- Motivational Interviewing
- Multisystemic Therapy
- Neuropsychology (Board Certified) (Psychologist Only)
- Psychoeducation
- Psychological Testing (Psychologist Only)
- Psychosis
- Psychotherapies
- Seeking Safety
- Solution Focused Therapy
- Stages of Change
- TBS
- Trauma Focused - Cognitive Behavioral Therapy
- Thinking for a Change
- Transgender Evaluation (Psychologist Only)
- Trauma Informed Care
- Trauma Informed Counseling
- Trauma informed practices/assessment tools
- WRAP