



COUNTY OF SANTA CLARA
Behavioral Health Services

ADULT NEEDS AND STRENGTHS ASSESSMENT (ANSA) FORM

04/11/25

REVISIONS

Date	Slides	Revisions

ANSA FORM

Purpose of Form:

The Adult Needs and Strengths Assessment (ANSA) is a comprehensive tool used to assess the needs, strengths, and challenges faced by adults, particularly in the context of mental health, social services, or community-based care. It is designed to help clinicians, service providers, and care teams in understanding the individual's current situation and develop an appropriate, personalized treatment or intervention plan.

HOW TO ACCESS

After login click on **Search**, type and select **Adult Needs and Strengths Assessment (ANSA)**.

The screenshot shows a search interface with a search bar containing 'Adult Needs and Strengths'. Below the search bar, there are filters for 'All 1', 'Clients 0', 'Staff 0', and 'Forms 1'. The results are displayed under the heading 'Here is what I found:'. A table titled 'Forms' contains one entry: 'Adult Needs and Strengths Assessment (ANSA)'. A green arrow points to the 'Undock' icon (a square with a diagonal line) next to the entry name.


Undock	Name	Menu Option
	Adult Needs and Strengths Assessment (ANSA)	/ Avatar CWS / Assessments / User Defined Assessments

After selecting the ANSA form, enter a client's last name followed by their first name into the Search bar, and select client.

Select Client

Q Test, Steph

Client Name / Client ID	Gender	Date Of Birth	Social Security Number
TEST,STEPH (000002790)	Female	01/01/1990	



Select your corresponding episode and **PROGRAM**.

Please Note: An episode must be created before it can be selected.


- For PCE CCP's, the program must be created through PCE.
- For CCP's that directly enter data into myAvatar PCNX, episodes will have been directly created in myAvatar PCNX.

✓ Selected Client : TEST,STEPH (000002790)

Select Episode

Name: STEPH TEST
ID: 2790
Sex: Female
Date of Birth: 01/01/1990

Episode	Program	Start	End
1	DTN SMH OP -Wellness	12/08/2021	



ANSA FORM

(1) The form is separated into eight domains. (2) Date: The date of completion of the clinical form itself. (3) Facilitator: The staff that completed the assessment with the client. (4) Each domain will provide definitions for each score. (5) Clicking on the lightbulb icon next to each indicator will display its definition.

The screenshot shows the 'ADULT NEEDS AND STRENGTHS ASSESSMENT (ANSA)' form. At the top right, there are buttons for 'Draft', 'Submit', 'Discard', and 'Add to Favorites'. On the left, a sidebar lists eight domains: ANSA, LIFE FUNCTIONING DOMAIN, STRENGTHS DOMAIN, CULTURAL FACTORS DOMAIN, TRAUMA EXPOSURES DOMAIN, BEHAVIORAL/EMOTIONAL NEEDS DOMAIN, RISK BEHAVIORS DOMAIN, PARENTING ROLE DOMAIN, CAREGIVER RESOURCES & NEEDS DOMAIN, and DRAFT/FINAL. The main content area is titled 'LIFE FUNCTIONING DOMAIN'. It includes a 'Date' field with a calendar icon, a 'Facilitator' field, and a search icon. Below these is a text box with the following text: 'The ANSA is an open domain tool for use in service delivery systems that address the mental health of youth and their families. The copyright is held by the Praed Foundation to ensure that it remains free to use. info@praedfoundation.org'. The 'LIFE FUNCTIONING DOMAIN' section contains a paragraph: 'For the Life Functioning Domain, use the following categories and action levels: 0 - No evidence of any needs; no need for action. 1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement. 2 - Need is interfering with functioning. Action is required to ensure that the identified need is addressed. 3 - Need is dangerous or disabling; requires immediate and/or intensive action.' Below this are two rating scales: 'Family Functioning' and 'Legal', each with radio buttons for scores 0, 1, 2, and 3. A lightbulb icon is next to the 'Legal' score 0 option.

ADULT NEEDS AND STRENGTHS ASSESSMENT (ANSA) Draft Submit Discard Add to Favorites

1 ANSA

- LIFE FUNCTIONING DOMAIN
- STRENGTHS DOMAIN
- CULTURAL FACTORS DOMAIN
- TRAUMA EXPOSURES DOMAIN
- BEHAVIORAL/EMOTIONAL NEEDS DOMAIN
- RISK BEHAVIORS DOMAIN
- PARENTING ROLE DOMAIN
- CAREGIVER RESOURCES & NEEDS DOMAIN
- DRAFT/FINAL

Online Documentation

2 Date *

3 Facilitator *

4 **LIFE FUNCTIONING DOMAIN**

For the **Life Functioning Domain**, use the following categories and action levels:

- 0 - No evidence of any needs; no need for action.
- 1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
- 2 - Need is interfering with functioning. Action is required to ensure that the identified need is addressed.
- 3 - Need is dangerous or disabling; requires immediate and/or intensive action.

5 Family Functioning * ⓘ Legal * ⓘ

0 1 2 3 0 1 2 3

LIFE FUNCTIONING DOMAIN

All fields in red are required. **(1)** Complete this field if any item rated '2' or '3' in the Life Functioning domain.

▼ LIFE FUNCTIONING DOMAIN

For the **Life Functioning Domain**, use the following categories and action levels:

- 0 - No evidence of any needs; no need for action.
- 1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
- 2 - Need is interfering with functioning. Action is required to ensure that the identified need is addressed.
- 3 - Need is dangerous or disabling; requires immediate and/or intensive action.

Family Functioning * ?

0 1 2 3

Legal * ?

0 1 2 3

Medical/Physical * ?

0 1 2 3

Sleep * ?

0 1 2 3

Employment/School Functioning * ?

0 1 2 3

Basic Activities of Daily Living * ?

0 1 2 3

Please write a rationale for any item rated actionable ('2' or '3')

1



STRENGTHS DOMAIN

All fields in red are required. **(1)** Complete this field to enter any useful strengths or strength to build.

STRENGTHS DOMAIN

For the **Strengths Domains**, use the following categories and action levels:

0 - Well-developed, centerpiece strength; may be used as a centerpiece in an intervention/action plan.

1 - Identified and useful strength. Strength will be used, maintained, or built upon as part of the plan. May require some effort to develop strength into a centerpiece strength.

2 - Strengths have been identified but require strength-building efforts before they can be effectively utilized as part of a plan. Identified but not useful.

3 - An area in which no current strength is identified; efforts may be recommended to develop a strength in this area.

Family Strengths * ?

0 1 2 3

Community Connection * ?

0 1 2 3

Interpersonal/Social Connectedness * ?

0 1 2 3

Natural Supports * ?

0 1 2 3

Optimism * ?

0 1 2 3

Resiliency * ?

0 1 2 3

Please write a rationale for any useful strength ('0' or '1') or strength to build ('2' or '3').

1



CULTURAL FACTORS DOMAIN

All fields in red are required. **(1)** Complete this field if any item rated '2' or '3' in the Cultural Factors domain.

✓ CULTURAL FACTORS DOMAIN

For the **Cultural Factors Domains**, use the following categories and action levels:

- 0 - No evidence of any needs; no need for action.
- 1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
- 2 - Need is interfering with functioning. Action is required to ensure that the identified need is addressed.
- 3 - Need is dangerous or disabling; requires immediate and/or intensive action.

Language and Literacy * ⓘ	Cultural Stress * ⓘ
<input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	<input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3
Traditions and Cultural Rituals * ⓘ	Gender Identity and Expression * ⓘ
<input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	<input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3

Please write a rationale for any item rated actionable ('2' or '3')

1

+

TRAUMA EXPOSURES DOMAIN

All fields in red are required. **(1)** Complete this field if any item rated 'Yes' in the Trauma Exposures domain.

TRAUMA EXPOSURES DOMAIN

For the **Trauma Exposures Domains**, use the following categories and action levels:

No - There is no evidence of any trauma of this type.

Yes - Individual has had experience or there is suspicion that individual has experienced this type of trauma-one incident, multiple incidents, or chronic, on-going experiences.

Sexual Abuse * ?	Family Violence * ?
<input type="radio"/> No <input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Yes
Physical Abuse * ?	Community/School Violence * ?
<input type="radio"/> No <input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Yes
Neglect * ?	War/Terrorism Affected * ?
<input type="radio"/> No <input type="radio"/> Yes	<input type="radio"/> No <input type="radio"/> Yes

Please write a rationale for any item rated actionable 'Yes'

1



BEHAVIORAL/EMOTIONAL NEEDS DOMAIN

All fields in red are required. **(1)** A score '1', '2', or '3' will make the Trauma Stress Symptoms subsection required. **(2)** A score '1', '2', or '3' will make the Substance Use Disorder subsection required.

BEHAVIORAL/EMOTIONAL NEEDS DOMAIN

For the **Behavioral/Emotional Needs Domain**, use the following categories and action levels:

0 - No evidence of any needs; no need for action.

1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.

2 - Need is interfering with functioning. Action is required to ensure that the identified need is addressed.

3 - Need is dangerous or disabling; requires immediate and/or intensive action.

Psychosis (Thought Disorder) * ?

0 1 2 3

Impulse Control * ?

0 1 2 3

Depression * ?

0 1 2 3

Mood Fluctuation * ?

0 1 2 3

Antisocial Behavior * ?

0 1 2 3

Adjustment to Trauma [A] * ?

0 1 2 3

Anger Control * ?

0 1 2 3

Substance Use [B] * ?

0 1 2 3

1

2

BEHAVIORAL/EMOTIONAL NEEDS DOMAIN

(1) The [A] Traumatic Stress Symptoms subsection becomes required if the Adjustment to Trauma [A] indicator scored as '1', '2' or '3'. **(2)** The [B] Substance Use Disorder subsection becomes required if the Substance Use [B] indicator scored as '1', '2' or '3'.

[A] Traumatic Stress Symptoms	1	[B] Substance Use Disorder	2
Emotional and/or Physical Dysregulation * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3		Severity of Use * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	
Intrusions/Re-experiencing * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3		Duration of Use * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	
Numbing * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3		Stage of Recovery * ? <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	

RISK BEHAVIORS DOMAIN

All fields in red are required. **(1)** A score '1', '2' or '3' will make the Criminal Behavior subsection required.

▼ RISK BEHAVIORS DOMAIN

For the **Risk Behaviors Domain**, use the following categories and action levels:

0 - No evidence of any needs; no need for action.

1 - Need or risk behavior that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.

2 - Need or risk behavior is interfering with functioning. Action is required to ensure that the identified need or risk behavior is addressed.

3 - Need or risk behavior is dangerous or disabling. Intensive and/or immediate action is required to address the need or risk behavior.

Suicide Risk * ?

0 1 2 3

Danger to Others * ?

0 1 2 3

Non-Suicidal Self-Injurious Behavior * ?

0 1 2 3

Addictive Behaviors * ?

0 1 2 3

Other Self-Harm (Recklessness) * ?

0 1 2 3

Sexual Aggression * ?

0 1 2 3

Victimization/Exploitation * ?

0 1 2 3

Criminal Behavior [C] * ?

0 1 2 3

1

RISK BEHAVIORS DOMAIN

(1) The Crime Module subsection becomes required if the Criminal Behavior indicator scored as '1', '2', or '3'. **(2)** Complete this field if any item rated '2' or '3' in the Risk Behaviors domain.

[C] Crime Module **1**

Seriousness * ⓘ

0 1 2 3

Crime History * ⓘ

0 1 2 3

Arrests * ⓘ

0 1 2 3

Crime Planning * ⓘ

0 1 2 3

Community Safety * ⓘ

0 1 2 3

Legal Compliance * ⓘ

0 1 2 3

Crime Peer Influences * ⓘ

0 1 2 3

Crime Environmental Influences * ⓘ

0 1 2 3

Please write a rationale for any item rated actionable ('2' or '3')

2

PARENTING ROLE DOMAIN

(1) This domain can be skipped if 'No' is selected. All fields are required if 'Yes' is selected. **(2)** Complete this field if any item rated '2' or '3' in the Parenting Role domain.

▼ PARENTING ROLE DOMAIN

For the **Parenting Role Domain**, use the following categories and action levels:

0 - No current need; no need for action. This may be a resource for the child/adult.


1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement. This may be an opportunity for resource building.

2 - Need is interfering with the provision of care; action is required to ensure that the identified need is addressed.

3 - Need prevents the provision of care; requires immediate and/or intensive action.

Is this adult in a Parenting Role? **1**

No Yes

Knowledge of Needs * 

0 1 2 3

Supervision * 

0 1 2 3

Involvement with Care * 

0 1 2 3

Organization * 

0 1 2 3

Marital/Partner Violence in the Home * 

0 1 2 3

Safe Parenting/Caregiving * 

0 1 2 3

Please write a rationale for any item rated actionable ('2' or '3') **2**

CAREGIVER RESOURCES & NEEDS DOMAIN

(1) This domain can be skipped if 'No' is selected. All fields are required if 'Yes' is selected. (2) Complete this field if any item rated '2' or '3' in the Caregiver Resources & Needs domain.

▼ CAREGIVER RESOURCES & NEEDS DOMAIN

For the **Caregiver Resources and Needs Domain**, use the following categories and action levels:

0 - No current need; no need for action. This may be a resource for the individual.

1 - Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement. This may be an opportunity for resource building.

2 - Need is interfering with the provision of care; action is required to ensure that the identified need is addressed.

3 - Need prevents the provision of care; requires immediate and/or intensive action.

Does this adult have a Caregiver? *

1

No

Yes

Knowledge * ?

0

1

2

3

Behavioral Health * ?

0

1

2

3

Social Resources * ?

0

1

2

3

Developmental * ?

0

1

2

3

Financial Literacy * ?

0

1

2

3

Safety * ?

0

1

2

3

Please write a rationale for any item rated actionable ('2' or '3').

2

HOW SAVE OR FINALIZE AN ANSA

(1) Select 'Draft' if you want to save your progress to return to complete the form later. Select 'Final' when the form is completed. **(2)** Once 'Draft' or 'Final' is selected, click 'Submit'.

HS ASSESSMENT (ANSA)

The screenshot shows the 'HS ASSESSMENT (ANSA)' interface. At the top right, there are two buttons: 'Submit' and 'Discard'. A red circle with the number '2' is positioned above the 'Submit' button. Below the header, there is a dark blue bar with a dropdown menu labeled 'DRAFT/FINAL'. A red circle with the number '1' is positioned above the dropdown menu. Below the dropdown menu, there is a white box containing two radio button options: 'Draft' and 'Final'. The 'Draft' option is selected.

HOW TO ADD OR EDIT AN ANSA

If a Draft and/or Final ANSA has been completed for a client, a list of ANSA forms will be displayed upon opening the form. **(1)** Select **'Add'** to create a new ANSA. **(2)** Select the desired ANSA and select **'Edit'** if you want to work on a 'Draft' ANSA. **Please Note:** Users are unable to edit ANSAs that are finalized.

Select Record

Name: EHR TEST
ID: 2790
Sex: Female
Date of Birth: 12/16/1994

Data Entry User Id 	Data Entry Date 	Episode 	Draft/Final 
chris.s.lee 	04/09/2025	1	Draft

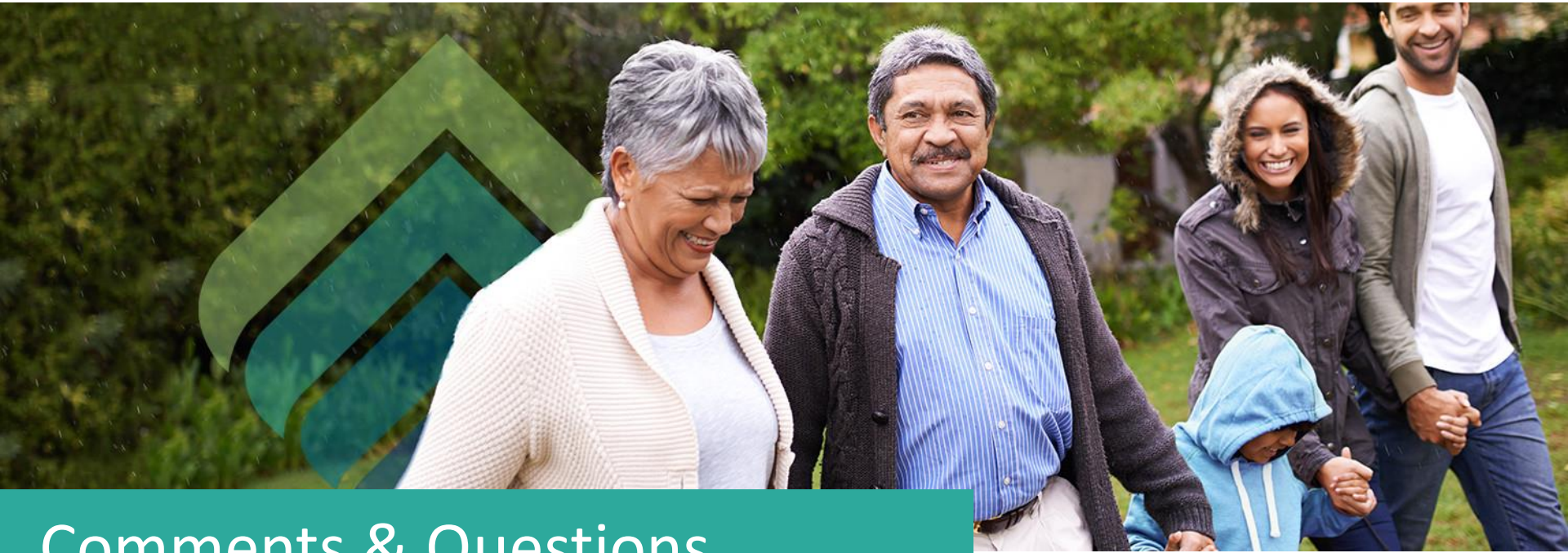
1

Add

2

Edit

Cancel



Comments & Questions