

CANS Coaching guide for Supervision

1. The CANS is an interactive process versus a single event.
2. Early in the assessment process, the CANS tool is explained as part of the TCP engagement and assessment to the client and family.
3. The CANS is completed with the client and family
4. The CANS results are shared with the client and family to celebrate successes or rethink strategies for needs that have not changed or increased.
5. During the process of completing the CANS, the client and family are asked to elaborate on the different scores of the CANS.
6. The relevant functional strengths identified by the CANS are to be reflected in the Action Steps by Individual/Family/Supporters to assist in accomplishing the specific Short-Term Goal; and the identified needs from the CANS are to be captured in the Obstacles and Short-Term Goals in the TCP Treatment Plan.
7. The staff administering the CANS ensures that the client and family see the relationship between the CANS and the TCP Treatment Plan process.
8. The rationale for the frequency of the CANS is explained to the client and family so that they are informed of the progress or lack of towards the TCP Treatment Plan goals.
9. The CANS administration drives the updating of the TCP Treatment Plan as the needs and strengths change over time.
10. The CANS needs to be administered before completing the Mental Health Assessment and should inform and guide the Narrative Summary and the TCP Treatment Plan.