

# Older Adult Suicide Prevention Resource Guide



COUNTY OF SANTA CLARA  
**Behavioral Health Services**

Supporting Wellness and Recovery

*Updated October 2024*

**This condensed guide was created to help make it easier for you to navigate the many resources available. For more detailed information, please refer to the complete guide online at [bit.ly/bhsdoa](https://bit.ly/bhsdoa).**

## Access to Care

### Santa Clara County Behavioral Health Services

- Behavioral Health Urgent Care** (408) 885-7855  
([bit.ly/bhsdurgentcare](http://bit.ly/bhsdurgentcare))
- Behavioral Health Services Call Center** (800) 704-0900  
([bit.ly/callcenterbhsd](http://bit.ly/callcenterbhsd))
- Crisis and Suicide Prevention Lifeline** Call or text 988  
([bit.ly/scc988](http://bit.ly/scc988))

### Hotlines and Warmlines

- National Alliance on Mental Illness** (408) 453-0400 X1  
([namisantaclara.org](http://namisantaclara.org))
- Veteran's Crisis Line** Dial 988, press 1 or text 838255  
([veteranscrisisline.net](http://veteranscrisisline.net))
- SAGE LGBT Elder Hotline** (877) 360-5428  
([sageusa.org](http://sageusa.org))
- LGBT National Hotline for Seniors** (888) 234-7243  
([lgbthotline.org/senior-hotline](http://lgbthotline.org/senior-hotline))

## Grief Support

**Kara** (650) 321-5272  
([kara-grief.org](http://kara-grief.org))

**Centre for Living with Dying** (408) 850-6145  
([billwilsoncenter.org/services/all/living.html](http://billwilsoncenter.org/services/all/living.html))

**Mariposas Resiliency Center** (408) 209-8356  
([da.santaclaracounty.gov/victim-services/Mariposas](http://da.santaclaracounty.gov/victim-services/Mariposas))

## Financial Support

### Food and Finance

**BenefitsCal** (408) 758-3600  
([mybenefitscalwin.org](http://mybenefitscalwin.org))

**Senior Nutrition Program** (408) 755-7680  
([sccgov.org/snp](http://sccgov.org/snp))

**Meals on Wheels** (800) 984-3663  
([mysourcewise.com/programs-services/meals](http://mysourcewise.com/programs-services/meals))

**Second Harvest of Silicon Valley** (800) 984-3663  
([shfb.org](http://shfb.org))

## Housing

### **Here4You**

(408) 385-2400

([bit.ly/bwchere4you](http://bit.ly/bwchere4you))

### **Homeless Prevention System**

(408) 926-8885

([preventhomelessness.org](http://preventhomelessness.org))

### **People Assisting The Homeless**

(408) 753-8735

([epath.org/regions/santa-clara](http://epath.org/regions/santa-clara))

## Supportive Services for Veteran Families

### **HomeFirst**

(408) 539-2100

([homefirstscc.org](http://homefirstscc.org))

### **Goodwill of Silicon Valley**

(408) 869-9174

([goodwillsv.org/vfs-program](http://goodwillsv.org/vfs-program))

### **Sunnyvale Community Services**

(408) 738-4321

([svcommunityservices.org](http://svcommunityservices.org))

### **Nation's Finest**

(650) 566-0240

([nationsfinest.org](http://nationsfinest.org))

# Safe Environments

## Reduced Access to Firearms

**Firearm Relinquishment** (408) 299-2311

([bit.ly/voluntarilyrelinquishfirearms](http://bit.ly/voluntarilyrelinquishfirearms))

**Gun Locks for Veterans** (650) 512-6463

([bit.ly/gunlocksforvets](http://bit.ly/gunlocksforvets))

**Project ChildSafe**

([projectchildsafe.org/get-a-safety-kit](http://projectchildsafe.org/get-a-safety-kit))

**Gun Violence Restraining Order (GVR0)**

- **Restraining Order Help Center** (408) 534-5709

- **Speak for Safety**  
([speakforsafety.org](http://speakforsafety.org))

## Medication Overdose Prevention

**MED-Project**

([med-project.org](http://med-project.org))

**SCC Opioid Overdose Prevention Project** (408) 885-3412

([bit.ly/sccoopp](http://bit.ly/sccoopp))

## Elder Protection

**Adult Protective Services (APS)** (408) 975-4900  
([socialservices.sccgov.org/protective-services](https://socialservices.sccgov.org/protective-services))

**Long Term Care Ombudsman** (408) 944-0567  
([ccscc.org/seniors-ombudsman](https://ccscc.org/seniors-ombudsman))

**Senior Adults Legal Assistance** (408) 295-5991  
([sala.org](https://sala.org))

## Healthy Connections

### Companionship and Community Engagement

**Friendship Line** (888) 670-1360  
([ioaging.org/friendship-line-california](https://ioaging.org/friendship-line-california))

**Friendly Voices** (650) 395-8017  
([friendlyvoices.org](https://friendlyvoices.org))

**Senior Centers**  
([bit.ly/bhsdoa](https://bit.ly/bhsdoa))

## Transportation Assistance

**Avenidas Door to Door** (650) 289-5411  
([avenidas.org/programs/door-to-door](https://avenidas.org/programs/door-to-door))

**Milpitas SMART** (408) 330-3302  
([milpitas.gov/smart](https://milpitas.gov/smart))

**VTA ACCESS** (408) 321-2300  
([vta.org/go/paratransit](https://vta.org/go/paratransit))

**Sourcewise Transit Service** (408) 762-7362  
([bit.ly/sourcewise](https://bit.ly/sourcewise))

**Reach Your Destination Easily (RYDE)**  
([rydescc.org](https://rydescc.org))

- Saratoga, Los Gatos, Monte Sereno, and San Jose zip codes (408) 892-9739
- Cupertino, Campbell, and San Jose zip codes (669) 220-0831
- Morgan Hill (408) 310-4250

## Additional Local Services

### **Sourcewise**

(408) 350-3200 x1

([mysourcewise.com](http://mysourcewise.com))

### **211 Bay Area**

Dial 211

([211bayarea.org/santaclara](http://211bayarea.org/santaclara))

### **More information on suicide prevention for older adults**

([scchope.org](http://scchope.org))

### **Suicide Prevention Program's Resource Page**

([bit.ly/sccspresources](http://bit.ly/sccspresources))

### **Department of Aging and Adult Services**

([bit.ly/sccdaas](http://bit.ly/sccdaas))

- Adult Protective Services (408) 975-4900
- In-Home Supportive Services (408) 792-1600
- Senior Nutrition Program (408) 755-7680