



WELLNESS WEDNESDAYS

Drop-In Virtual Support

WEDNESDAYS
8-9AM AND 7-8PM

Having a challenging week and need to talk about it? Want to learn more about services available through the Center? Join 526 Resiliency Center Licensed Marriage and Family Therapist, Yeymy Lopez, in partnership with Bill Wilson Center, for confidential one-on-one drop-in support. Scan the QR code, copy & paste the link below, or call in to access this virtual session.

Drop-in virtual support will replace the Monday-Friday drop-in hour at the Center. Sessions are conducted through a confidential link via Zoom. If you are accessing the link via mobile device, you must download the application from the Google Play Store or the Apple App Store.

Note: Providers will log off 10 minutes before the end of the session if there are no drop-ins.

The 526 Resiliency Center
(669) 308-1475
526RC@dao.sccgov.org

Drop-in sessions are limited to 30 minutes with an opportunity for follow-up.

Scan to join session



Copy & Paste to join session:

bit.ly/3T7f7IE

Call to join session

(669) 219 2599 US (San Jose)

Meeting ID: 87816914896#

Press # when asked to enter Participant ID