



STAFF
Trainings &
Technical
Assistance

School-based Prevention Services

The **Prevention Services Division** is committed to its vision of preventing and reducing suicide and substance use disorders in Santa Clara County. The division's school-based prevention offerings include trainings, presentations and technical assistance to supplement school districts' efforts around prevention and awareness for staff, students and caregivers.

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COUNTY OF SANTA CLARA
Behavioral Health Services



Substance Use Offerings

Presentations on Alcohol and Other Drugs (AOD)

Tailored presentations addressing AOD trends; addiction; prevention and intervention strategies; and review of general resources. *Also available: Resource fairs and outreach support for school-based events.*

Narcan Training

Participants will learn how to recognize an opioid overdose, administer naloxone, and how to care for an individual until emergency services arrive.

Mental Health & Suicide

Be Sensitive, Be Brave (BSBB) Trainings *(Available in Spanish)*

- **BSBB Suicide Prevention**
Learn to define suicide and identify warning signs. Participants will practice how to ask about suicide with compassion and how to connect individuals to supportive resources.
- **BSBB Mental Health**
Learn foundational information about mental health, mental illness, and examine how mental health challenges may look different across cultures. Participants will discuss and practice techniques for maintaining good mental health and combatting mental illness stigma.

Kognito for K-12 Educators

Engage in virtual role-play simulations focused on increasing comfort and competency in navigating critical conversations. **Separate flyer available with additional details.*

Topics include:

- Emotional & Mental Wellness
- At-Risk for Early Childhood Educators
- At-Risk for Elementary School Educators
- At-Risk for Middle School Educators
- At-Risk for High School Educators
- Trauma Informed Practices
- Coping with Loss at School
- Bullying Prevention
- Step In, Speak Up!
- Safe & Caring Schools
- Dating Violence Awareness
- Teaching Resiliency & Growth
- Protecting Our Youth

Postvention/Grief Support

In partnership with the Bill Wilson Center, on-site grief support services are available in the immediate aftermath of a critical incident or event.

Crisis Response Team - Trainings and Consultations

Technical assistance advising staff on their multi-tiered suicide crisis response intervention, postvention, and prevention efforts. *(In-person, Virtual)*

Social Emotional Learning (SEL) Consultations

Tailored site support for districts and schools as they develop an SEL implementation plan that meets the needs that are unique and specific to their school community. *(In-person, Virtual)*

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