



**CARE-
GIVERS/
PARENTS**
Trainings &
Supports

School-based Prevention Services

The **Prevention Services Division** is committed to its vision of preventing and reducing suicide and substance use disorders in Santa Clara County. The division's school-based prevention offerings include trainings, presentations and technical assistance to supplement school districts' efforts around prevention and awareness for staff, students and caregivers.

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COUNTY OF SANTA CLARA
Behavioral Health Services



Substance Use Offerings

Presentations on Alcohol and Other Drugs (AOD)

Tailored presentations addressing AOD trends; addiction; prevention and intervention strategies; and review of general resources. *Also available: Resource fairs and outreach support for school-based events.*

Mental Health & Suicide

Panel Discussions: Promoting Mental Health and Preventing Substance Use in Teens

Tailored presentations addressing AOD trends; mental health in youth; prevention and intervention strategies; ways to build resiliency/parenting tips; school rules/consequences for substance use; and overview of available resources. *(Format: Online, In-person - Available in English/Spanish)*

Be Sensitive, Be Brave (BSBB) Trainings *(Available in Spanish)*

- **BSBB Suicide Prevention**
Learn to define suicide and identify warning signs. Participants will practice how to ask about suicide with compassion and how to connect individuals to supportive resources.
- **BSBB Mental Health**
Learn foundational information about mental health, mental illness, and examine how mental health challenges may look different across cultures. Participants will discuss and practice techniques for maintaining good mental health and combatting mental illness stigma.

LivingWorks Start

Engage in multi-modal interactive simulations and scenarios to learn and practice how to recognize when someone is in distress; increase comfort with supporting an individual in crisis; and learning how to connect to an intervention provider.

Postvention/Grief Support

In partnership with the Bill Wilson Center, on-site grief support services are available in the immediate aftermath of a critical incident or event.

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