



Communicable Disease Prevention and Control
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EXPOSURE NOTICE: TYPHOID/PARATYPHOID FEVER

Date Issued: _____

Dear Parents, Legal Guardian, or Staff:

Students and staff may have been recently exposed to **Typhoid/Paratyphoid fever**. We are providing the information below so you know what steps you can take to protect yourself and others. This information does not replace talking with your doctor if you become sick. ***If you or your child have symptoms, please seek diagnosis and treatment from a healthcare provider as soon as possible.***

TYPHOID/PARATYPHOID FEVER: Bacterial illnesses that cause fever and other symptoms. This illness spreads very easily and can be serious. If you are sick, you may need to stay home from work/school/group care until you are cleared to return by the Public Health Department (PHD).

What are the symptoms? Symptoms may be mild or severe and can include fever (up to 103-104°F), headache, stomachache, loss of hunger, diarrhea, cough and/or rash.

How is it spread? Consuming food or drinks contaminated with the feces (poop) of a person who has the illness.

When do symptoms start? After exposure to Typhoid fever: 3 to 30 days; Paratyphoid fever: 1 to 30 days.

Do staff or children need to stay home if symptoms develop? Yes.

When can staff or children go back to work, school, or childcare?

- Certain staff (food, healthcare, or childcare staff) and some children (5 years of age and under, OR over 5 and need toileting assistance) who have a Typhoid/Paratyphoid infection may be **restricted** from work/school/group care by the PHD. This means they can go back only when their stool is tested by the PHD Laboratory confirming no bacteria or toxins are found.
- Staff and children who are **not restricted** by the PHD can go back when they have been symptom free for at least 48 hours without medication.

For additional information, visit [cdc.gov/typhoid-fever](https://www.cdc.gov/typhoid-fever).

Good handwashing before preparing or eating food and after using the toilet or changing diapers prevents spread of this disease.