

# Kognito Mental Health & Wellbeing

## PROFESSIONAL DEVELOPMENT COURSES FOR EDUCATORS

The Santa Clara County Behavioral Health Services Department is pleased to provide all educators and school staff across the county with **free** access to the suite of simulations from Kognito's social emotional learning curriculum.

- **Available:** July 1, 2023 – June 30, 2024
- **Format:** Online, self-paced
- **Location:** [SCCOE.Kognito.com](https://SCCOE.Kognito.com)
- **Timeframe:** 30-50 minutes (varies by course)
- **Audience:** District & charter school staff in Santa Clara County (PK-12)

*For direct Kognito support and access questions, please contact:  
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These virtual modules offer evidence-based role-play simulations focused on increasing comfort and competency in managing critical conversations.

For detailed information about each course, please visit: [SCC Staff PD Description](#).

- Emotional & Mental Wellness
- At-Risk for Early Childhood Educators
- At-Risk for Elementary School Educators
- At-Risk for Middle School Educators
- At-Risk for High School Educators
- Trauma Informed Practices
- Coping with Loss at School
- Bullying Prevention
- Step In, Speak Up!
- Safe & Caring Schools
- Dating Violence Awareness \*
- Teaching Resiliency & Growth \*
- Protecting Our Youth \*

*\* New educator simulations for FY24*

### CONTACT INFORMATION

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COUNTY OF SANTA CLARA  
**Behavioral Health Services**