

## Your foster child's health exam will include:

- Health and developmental history
- Physical examination
- Oral health assessment and routine referral to a dentist for children over 12 months of age
- Nutrition screening
- Vision and hearing screening
- Developmental and behavioral screening
- Immunizations
- Blood and urine tests
- Health and wellness education
- Referrals to specialists and community programs as needed



If tests indicate a need for further diagnosis and treatment, it is important to follow the health provider's recommendations.

**HCPCFC** is a public health nursing program located within DFCS to meet the medical, dental, mental health, and developmental needs of youth who are in the foster care and juvenile probation systems. **HCPCFC** PHNs

- Help families find a primary care provider
- Coordinate care for foster children placed in Santa Clara County (as well as those placed out-of-county) to ensure access to needed services
- Oversee the creation and update of the Health and Education Passport (HEP) as required by law
- Review incoming medical records and Health Contact Forms to assess each child's health needs
- Collaborate with the child's foster care team to address health issues
- Serve as a resource for social workers, caregivers, foster youth, and community partners
- Provide consultation, wellness education, and health care oversight for children in out of home placement

**For more information visit:**

**<https://publichealth.sccgov.org/health-care-program-children-foster-care>**

## Health Care Program for Children in Foster Care (HCPCFC)



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## Health Care for Foster Children

Regular health and dental exams are an important part of the care you give your foster child.

- 40-60% of children in foster care have chronic medical conditions such as asthma, cognitive abnormalities, vision and hearing problems, dental decay and poor nutrition.
- Lack of adequate medical records can result in over immunization and under treatment of chronic health conditions.
- Often children in foster care have had little or no health and dental care.

Early diagnosis and treatment can reduce serious problem for the child later in life.



## Physical Exam Requirement

- ★ All children entering foster care are required to have a physical exam and dental exam within 30 days of placement.
- Multiple periodic check ups are required for foster children ages 0-36 months.
- Foster children over 3 years of age should receive a physical exam yearly.



## Dental Exam Requirement

- ★ All foster children 12 months of age and older are required to have a dental exam within 30 days of initial placement and then every 6 months thereafter.

**If you have questions or need assistance finding a medical or dental provider in your area who accepts Medi-cal, call us at (408)501-6669**

## What to bring to your appointment:

Health Contact Form for the provider to fill out

Health and Education Passport

Immunization (shots) Record

Medi-Cal Card

Any available health records

List of questions and concerns

★ After each appointment is completed, submit the completed Health Contact form to the HCPCFC PHN Program